

Racial Justice Discussion Group – August 2021 – Resources

Liz

- [The Straight As of Anti-Racist Response](#) – **Having Difficult Conversations about Racism** From workshop hosted by Racial Justice Allies of Sonoma County (visit [their FB page](#)) “How do you speak up when you hear a racist comment? How do you keep the conversation engaged, without freezing up or becoming enraged? A clear, helpful, easy-to-remember process to meet people where they are, disarm them, and then “Add” some important insight that they might receive from your perspective.
- [Voices of Woodlawn](#): A Reckoning by Four Poets of America’s Slave-Holding Past, hosted by the Woodlawn & Pope-Leighey House. Scroll down to Previous Programs to view the two poetry readings, one in February and one in June 2021. They are each an hour long. Woodlawn Plantation was owned, at one time, by George Washington. 7 white people lived there; 70 enslaved black people lived there. Other than some of the first names of the 70 enslaved, there is no record of them, where they lived on the property, or anything else about their lives.

Paul

- **One hour of action per week!** [SURJ Bay Area](#), based in Alameda County, is part of a national network of groups and individuals organizing white people for racial justice. Through community organizing, mobilizing, and education, SURJ moves white people to act as part of a multi-racial majority for justice, with passion and accountability.
- **Eckhart Tolle video** on [Racism, Ego and Awareness](#).
- **Strozzi Institute, Oakland, CA.** What does it mean to embody racial justice? [Discover somatic practices to embody racial justice in your work](#).

Jade

- ["What Is It Like To Walk In Another Person's Shoes"](#) by Tana Amen, BSN/RN
- ["Is Racism an Evolutionary Construct"](#) podcast with Miles McPherson, former NFL-star-turned-pastor and author of the new book *The Third Option: Hope for a Racially Divided Nation*
- I saw this on "CBS Sunday Morning" yesterday, and my blood is still boiling when I think about it! ["Why Are Wrongly-Convicted People Still Imprisoned in Missouri?"](#)

Marybeth: [Women of the Black Panther Party Mural](#)